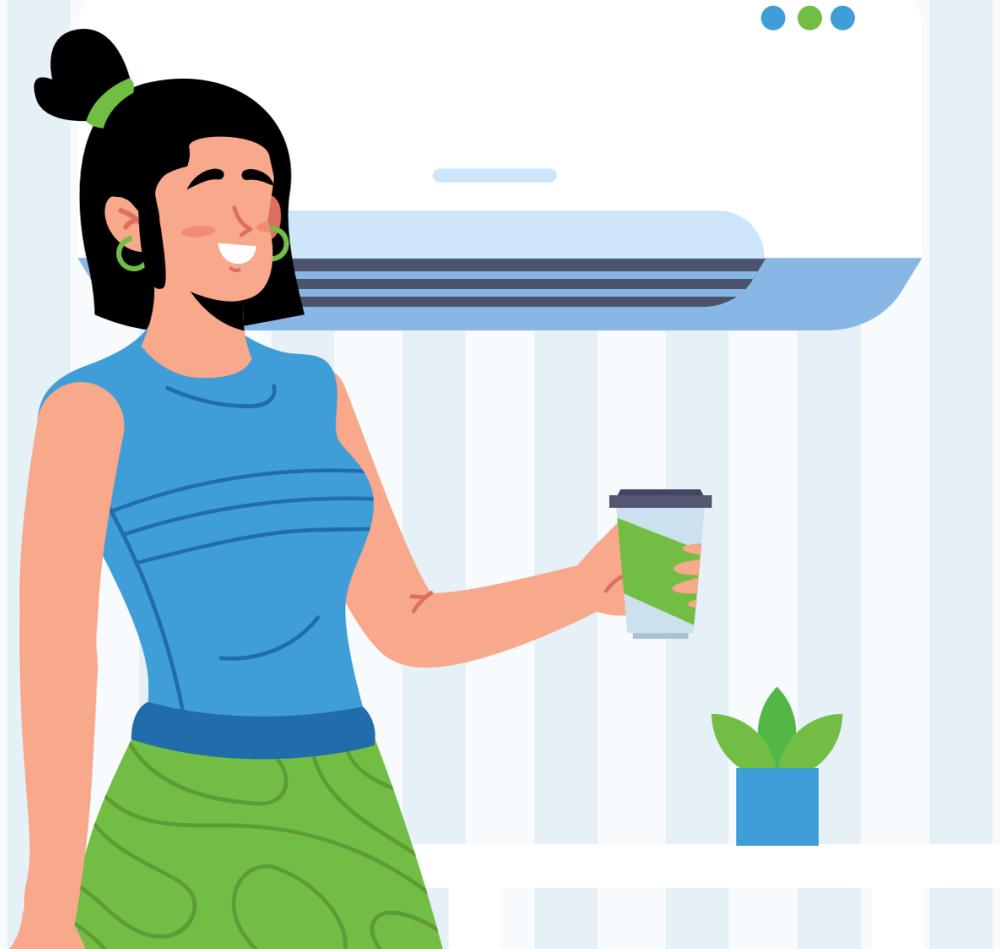


How To Improve Your

# Indoor Air Quality



## Clean your HVAC System Air Filter

A clean air filter removes air contaminants, including invisible microscopic particles and dust. Remember, a dirty filter acts as a reservoir for dust, dirt, and other pollutants, which get circulated into the air you are breathing.



2



## Dust and Vacuum Regularly

Do you know that most pollutants and allergens can be found on your carpets, rugs, and even drapes? Regular vacuuming and dusting can significantly reduce mites, dust, and other harmful allergens that pollute your indoor air.

## Check Your Air Ducts

If not correctly installed or maintained, air ducts can distribute contaminants throughout your house. Start by hiring the best air conditioning repair and replacement service provider in Stillwater, OK, to ensure your AC ducts are circulating clean air.



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## Use Air Purifiers

Air purifiers use a unique filtration system to remove contaminants from your indoor air. If there is an unpleasant odor in your Sapulpa, OK home, you need an air purifier to capture air contaminants and absorb bad smells. However, seek advice on the best air purifier from Stillwater's, OK best indoor air quality service provider.

Keep the air in your home breathable and pure with the help of experts. [Advantage Plumbing, Heating, and Cooling](#) indoor air quality services are the best. Whether you are in Stillwater, Sapulpa, or Tulsa, OK, contact us today and schedule an appointment.

